



2005 Orientation Kit

ABOUT CAUSEWAY FOUNDATION

www.causewayfoundation.org

Our Mission:

To raise and distribute funds to support Causeway Work Centre programs and services to further the well-being of persons with a mental illness and/or other disabilities, and those who are homeless or at risk of homelessness.

Background:

In 1998 the Causeway Foundation was incorporated as a charitable organization. The Foundation bought a building at 22 O'Meara Street, in west-central Ottawa, and renovated it to house Causeway Work Centre.

Causeway Foundation is managed by a nine-member volunteer Board of Directors. It has an employee responsible for managing the Fundraising program, writing grant proposals, updating this website and coordinating the quarterly newsletter, Causeway Connection.

During the twenty-five years that Causeway has been an active member of the Ottawa mental health community, it has changed and expanded its structure to keep pace with the needs of our community.

Over the years Causeway has expanded services to meet the needs of persons with a variety of disabilities including those who are homeless, and individuals with Fetal Alcohol Spectrum Disorder (FASD). Causeway has also expanded its services to reach a wider geographical region: Supported Employment Services are now offered in Renfrew County and the 5 counties of Eastern Ontario.

As service gaps are identified, the Causeway Foundation pushes ahead with its commitment to find new money to support new services when funding from government sources is insufficient. Proposals to private foundations and granting agencies are continually being written – and with some success.

CAUSEWAY FOUNDATION BOARD MEMBERS

A nine-member Board of Directors manages the Causeway Foundation. Board members are all volunteers who are committed to the support of direct-service community mental health programs. The Board is responsible for the building at 22 O'Meara Street and its up keep and maintenance, as well as raising funds through events and campaigns. There is expertise in finance and investment, legal matters, fundraising, management, mental illness, property maintenance and construction on the Foundation Board.

Board President

Dianne Breton began volunteering as a Work Centre Board member in 1994, becoming President of the Board for a two-year term in 1999-2001. She joined the Foundation Board in 2002 and became President in 2003. In addition to serving on several other boards, Dianne is Chair of the Causeway Fundraising Committee and brings her enthusiasm for fundraising to the group.

Past-President

Jill Mutzeneek joined the Causeway Work Centre Board in 1993 becoming President of the Board for a two-year term in 1997-1999. She became the Causeway Foundation's first President in 1998, serving until 2002. She created and ran 'Watford House', a home for women with psychiatric disabilities in Ottawa.

Secretary

Eleanor Meier has been a Causeway volunteer since 1989. She served a full six-year term on the Causeway Work Centre Board as Secretary to the Board. Eleanor was a founding member of the Foundation's Board in 1998.

Treasurer

John McNeice is a Chartered Accountant (CA) and Certified Public Accountant (CPA). He served on the Causeway Work Centre Board as their Treasurer for a two-year term before joining the Foundation Board in 2002.

Bruce Hiney joined the Board in 2004. A communications specialist, Bruce, now retired, was a founding partner of Banfield-Seguin Ltd. He is Chair of the Public Relations Committee and acts as editor of the *Causeway Connection*, the Foundation newsletter.

Peter Woollings joined the Board in 2003. As President of [Warlyn Construction Ltd.](#), Peter brings construction and building maintenance expertise to the Board table, as well as a keen interest in the well being of Causeway.

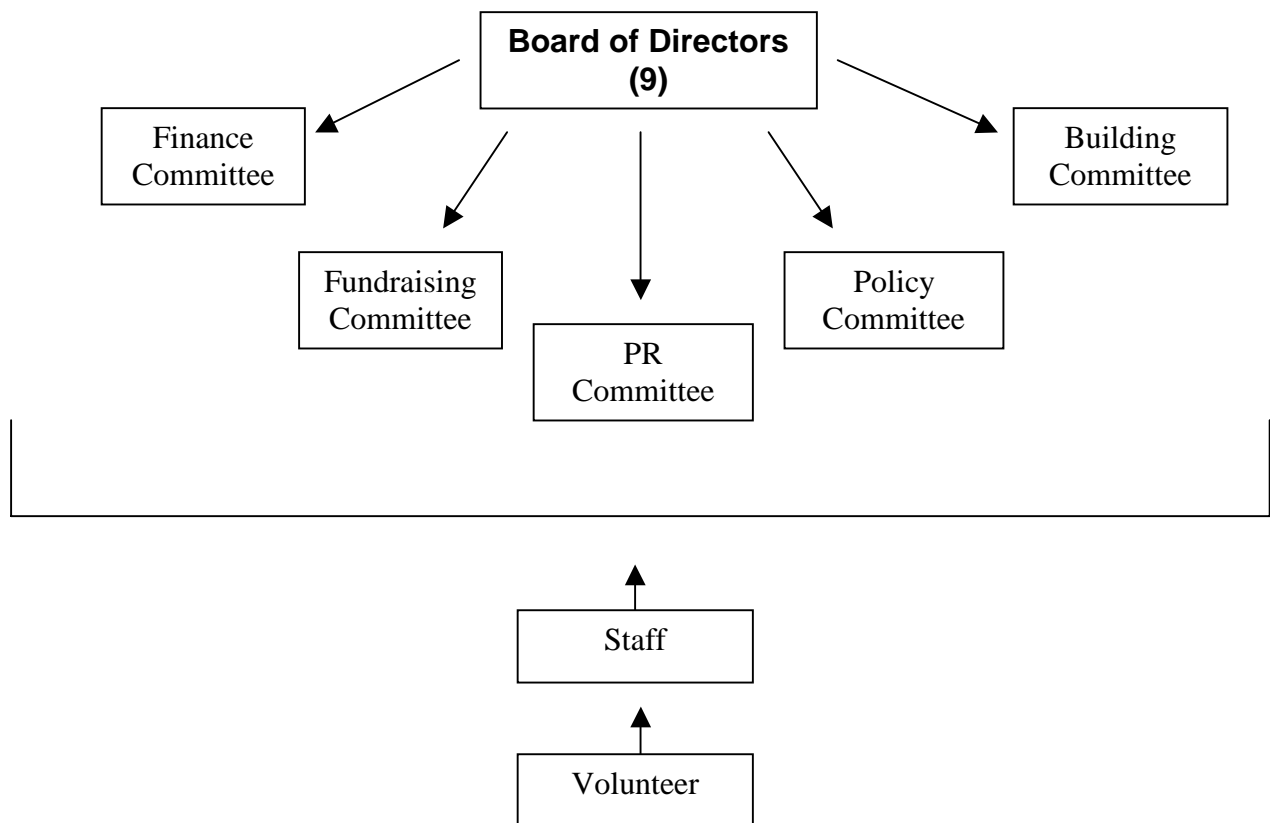
Ann Braden acts as the Causeway Foundation Board Work Centre Representative (since September 2005) and also continues to serve as the Work Centre Board Past-President, therefore providing an important link between the two Boards.

Leah Eustace joined the Foundation Board in September 2005. She is a Fundraising Consultant with FLA Group and brings extensive not-for-profit strategic planning, marketing and fundraising experience to the Foundation.

Don Palmer has been Causeway Work Centre's Executive Director from 1992-2003. Since then, he is Co-Executive Director with Elspeth McKay. Don joined the Foundation Board at its inception in 1998, and continues to provide guidance and experience in the field of mental health and disabilities. Don also provides an important link between the operating needs of the Work Centre's programs and the Foundation Board.

Staff

Amie Taylor joined the Foundation in 2003. She graduated from the University of Ottawa with a Master's degree in Sports Administration. As Director of Development for the Foundation, her job includes: grant writing, managing the finances of the building, and updating the quarterly newsletter, Causeway Connection.



CAUSEWAY FOUNDATION 2005 EVENTS CALENDAR

<p>April</p> <ul style="list-style-type: none">• 17th - 23rd National Volunteer Week• 21st Volunteer Recognition Event
<p>May</p> <ul style="list-style-type: none">• Annual Friends of Causeway Campaign• 27th - 29th National Capital Race Weekend - Run for Causeway• 30th Schizophrenia Society of Ontario - Walk of Hope
<p>June</p> <ul style="list-style-type: none">• Annual General Meeting for Causeway Work Centre and Causeway Foundation
<p>October</p> <ul style="list-style-type: none">• 3rd - 9th Mental Illness Awareness Week• 4th Causeway's Annual Open House Event
<p>September</p> <ul style="list-style-type: none">• Quilt Raffle
<p>November</p> <ul style="list-style-type: none">• Launch of Holiday Card Campaign 2005
<p>February</p> <ul style="list-style-type: none">• 6th Wine Tasting Event

ABOUT CAUSEWAY WORK CENTRE

www.causewayclubhouse.org

What is Causeway?

Causeway Work Centre is a health & social service agency that has been assisting people with chronic mental illness and other disabilities in Ottawa for more than 25 years. Causeway offers a number of important services to the community: an Outreach program serving persons who are mentally ill and people with a concurrent disorder; a number of Supported Employment programs; a Wellness program; "Breaking the Technology Barrier" – a computer training program; as well as an agency-sponsored entrepreneurial business, Krackers Katering, that is run by Causeway clients.

Mission Statement

Causeway's mission is to provide a range of employment and educational programs and other supports to persons with mental illness and/or other disabilities, and those who are homeless or at risk of homelessness.

The Need

Many people suffering from a mental illness and/or other disabilities are able to live in the community. But frequently these individuals lead lonely and isolated lives. They need a purpose in life and a reason for living. At Causeway they can meet others in a safe and comfortable environment and develop and put to use a variety of interests and skills. It is a place where persons challenged with mental illness and other disabilities can come to pursue recovery and to regain their lives.

Operation and Funding

Causeway is a non-profit agency with a staff of approximately 25 full and part-time employees, governed by a volunteer 12-member Board of Directors. Most of the funding comes from the government – federal, provincial and municipal. A fund-raising arm, the Causeway Foundation, pursues revenue from private and non-government sources and from the public at large.

Members/Clients

Our primary member or client group are those persons who are living in the city of Ottawa or in areas of Eastern Ontario, who are experiencing or who have experienced severe, significant and prolonged mental health problems. These individuals may have a secondary diagnosis or disability, including persons with dual diagnosis and persons with concurrent disorders.

CAUSEWAY PROGRAMS

Causeway Work Centre is a charitable organization that has been assisting people with chronic mental illness and other disabilities for more than 25 years. It is a not-for-profit agency with a staff of some 30 full and part-time employees. Causeway offers a number of important services to the community. These include a Pre-employment and Skills Development program; an Outreach program serving persons who are mentally ill and those with a concurrent disorder; various Supported Employment programs; a Wellness program; a Computer Training program; and an entrepreneurial enterprise, Krackers Katering, run by and employing Causeway clients. Details of all these programs are provided below.

Casual Jobs offer temporary community work mainly of a seasonal nature performing odd jobs for the City of Ottawa, seniors' organizations and the general public.

Community Kitchen assists Wellness Program participants by advocating nutritious meal and menu planning; the preparation of economical yet nutritious meals with a facilitator; along with a structured program to improve the cooking skills of participants.

Employment Resource Centre provides assistance in resume and cover letter preparation and the development of interview skills. Employment resources/listings are available and there is access to computers, telephones and fax.

Employment Support Program (ESP) helps people with mental or developmental disabilities prepare for, obtain and retain paid employment.

Group Employment provides paid work with staff support at various locations throughout the city.

Individualised Supported Employment offers participants an opportunity to find their own job by providing interventions in job placements, job coaching and ongoing support.

Job Assist is designed to help clients utilizing food banks to access employment services.

Job Quest a program that works with other agencies to service the economically disadvantaged, specifically the homeless and those at risk. Job Quest offers rapid employment placement in full and part time jobs with minimal on-going support

Krackers Katering is an agency-sponsored entrepreneurial catering enterprise that provides Causeway clients with practical on-the-job experience.

Mobile Outreach works in partnership with other agencies to help those with severe and persistent mental illness, concurrent disorders and the homeless, to access all the programs and services offered by Causeway.

Service Purchasing Portal is designed to stimulate a growing supply and demand for the purchase of goods and services that offer a return on investment and by securing hiring agreements that provide increased employment opportunities for “hard to employ” people.

Skills Development Program for clients not ready for immediate entry into the workforce, there are opportunities available in the administration and food service areas of the Work Centre.

Solutions for Youth is a pre-employment program that is designed to assist youth in preparing for paid employment.

Transitional Employment offers part-time employment opportunities to clients, normally six months in duration.

Wellness Program includes structured exercise in the fitness centre at Causeway, nutrition counseling, seminars on healthy lifestyle choices and access to local YMCA facilities and the services of a professional trainer.

”Causeway gave me the skills, confidence and self-esteem that I needed to rebuild my life after my breakdown and for that I will be eternally grateful.”

What Causeway Has Done For Me

Jeff - July 12, 2004

I have been coming to Causeway for three years now. I help out by doing tours in the Clubhouse and really enjoy doing this.

I found out about a job at Zeller’s 2.5 years ago from one of the Causeway staff. I worked 6 weeks unpaid and was hired on after the 6 weeks. I do a lot at Zeller’s – I do freight, stock maintenance, gathering carts and helping customers with carryouts. I also work in the Zeller’s restaurant as well doing dishes.

I started out working two days a week in the restaurant, then went to three days and we had Senior’s day on the first Monday of the month, and now I also work the first Wednesday of the month in the restaurant for the bingo and on Saturdays as well. I am now working three days a week - this week it will be Tuesday, Thursday and Saturday.

Working at Zeller’s and coming to Causeway has made a big change in my life. I am working for a good company, doing a good job. I keep busy by coming to Causeway and helping out when I can; it gives me a reason to get up early and makes me feel better that I am doing something and also making new friends.