



Issue # 1: July 2002

Introducing the CausewayConnection!

Welcome to the first edition of the CausewayConnection, a newsletter designed specifically for supporters (individuals, funding partners and corporations) of the Causeway Foundation. The Causeway Foundation was created in 1998 in order to provide support to the Causeway Work Centre in the areas of fundraising, investments and the acquisition of assets. The Work Centre and the foundation work in tandem to meet the needs of and service people with mental illness. If you have supported Causeway in the past, or are a prospective supporter, you are part of our new mailing list and will receive the CausewayConnection on a quarterly basis. Enjoy this first edition, and please feel free to send us your comments and feedback!

Krackers Katering: New location, New concept!

Krackers Katering is a community-based, agency-sponsored entrepreneurial catering business. It operates under the auspices of Causeway Work Centre Inc. and provides employment, as well as vocational training, to people with severe mental illness. Krackers' employees are trained by other psychiatric survivors; empowered by peer leadership. Through this unique business model, Krackers is able to integrate both social and business

objectives.

Krackers is presently seeking new space that can accommodate both the catering operations as well as a storefront café, however, funding and support from corporate Canada is essential. Architectural and design services have already been donated and now Krackers is seeking donations of new furnishings to make the new Krackers a warm and inviting environment. Paint and building supplies would also be appreciated as well as the services of any handy men and women to get the job done. All partners in this new venture will be publicly acknowledged in the new location and also via Krackers' publicity. If you can help or can pass on any leads, please contact Krista Benoit, 682-7739.

Krackers' offers a varied menu of sandwiches, salads, desserts, cheese trays, quiches, and more! They also provide free delivery, take custom orders and consider special dietary requests. Give Krackers a try! Call 792-4954 or email: krackers@magma.ca.

Furniture & Household Items Needed!

Causeway is now accepting donations of secondhand furniture and household items such as chairs, tables, sheets, pillows, towels, blankets, lamps, etc. These items will be used by Causeway members who would like to resume independent living and obtain their own housing. To donate, please contact Causeway.

How Can I Help?

Please accept my donation that will be directed towards Causeway's new Learning Centre initiative, a program to assist people with mental illness pursue high school and/or post-secondary education. Please make your cheque payable to 'Causeway Foundation' and send it along with this pledge form to: Causeway Foundation, 22 O'Meara Street, Ottawa, Ontario, K1Y 4N6. A charitable tax receipt for your donation will follow.

Yes, I would like to support the Causeway Foundation!
I would like to donate:

\$50 \$25 other \$ _____

Name: _____

Tel.: _____ Fax: _____

Email: _____

Please send me information on wills and bequests.

Charitable # 87254 0844 RR0001

Walk of Hope

Thank you to the participants of the Walk of Hope, a Causeway fundraiser in cooperation with the Ottawa Chapter of the Schizophrenia Society. Over \$3000 was raised for Causeway!

Foundation President: Volunteer Extraordinaire!

A former police officer, banker, and navy aircraft mechanic (among other things), Jill has played a key role in the success of Causeway. Jill was first introduced to the field of mental illness as a volunteer for social services in Ottawa where she was responsible for driving elderly and mentally ill patients to appointments. Through this role, she heard about a position at Elmwood Lodge, a home in Ottawa's west end. As her expertise and her experience grew, Jill and her husband jumped at the opportunity to create 'Watford House' (named for her home town in England) in the Glebe. Jill ran this home for women with psychiatric disabilities, some of who were members at Causeway.

Jill continued to volunteer in the mental health community as a board member with the Canadian Mental Health Association. She later joined the Causeway board in 1993 sitting on several committees and eventually becoming President. In 1998, with the creation of the Causeway Foundation, she agreed to be its first-ever President.

Jill's first-hand knowledge of people with disabilities is the driving force behind her

volunteer work. She hopes that she can help eliminate the stigma attached to mental illness and notes that people with mental illness are more of a danger to themselves than they are to anyone else. Through her continued involvement with Causeway and her dedication to help, Jill's contribution is special and very much appreciated.

Note: Jill isn't the only volunteer making a difference at Causeway. New fundraising volunteer, Anne Leger, recently donated \$425, proceeds from a raffle that she initiated with her colleagues at work and Beauxregard Hair Salon in Orleans. Thank you Anne and welcome to our team at Causeway!

Causeway's Board of Directors

The Causeway Foundation Board members are: Jill Muzteneek (President), John McNiece, (Treasurer), Eleanor Meier (Secretary), Dianne Breton (Director), James Leal (Director) and Don Palmer (Director). Watch for profiles on other Board members in upcoming issues of CausewayConnection.

Dates to Remember

September: Launch of Causeway's holiday card fundraising campaign

October 7th: Open House at the Work Centre (7:30 am to 3:30 pm)

October 7th to 9th: The Work Centre hosts the Ontario Coalition Conference

The Causeway Connection was written and designed by: Krista Benoit, iSPARK Consulting and Michael V. Prochazka Design, Ottawa.
To contribute to the newsletter, please call 613-725-3494, ext. 43 or email ispark@sympatico.ca

What Is Causeway?

Causeway Work Centre Inc. is a mental health agency that has been assisting local people with chronic mental illness for over twenty years. Causeway has six components to its program – A clubhouse program, an Employment Centre, a consumer-run catering business (Krackers

Katering), a street outreach program designed to serve the needs of persons who are mentally ill, as well as individuals with a concurrent disorder, a HomelessJobs program and a new Learning Centre. In January 1998 the Causeway Foundation was incorporated as a charitable corporation to manage the fundraising activities of the organization.