

Issue #32 - Summer, 2010

Foundation Activities

Meet Lauren our summer student



Photo of Lauren

Causeway Foundation was fortunate in having a student working in our office for seven weeks this summer. Lauren Newby, an Algonquin Marketing student, was kept busy updating donor lists, researching potential grant sources, liaising on Causeway's rooftop garden, securing prizes for a silent auction and an upcoming raffle, as well as working on the Holiday Card Campaign. Lauren, who graduated from Carleton University with an Honours B.A. in Psychology and Sociology, will return to Algonquin next month to complete her diploma in Business-Marketing. She is also doing an internship with the Collaborative for Innovative Social Enterprise Development (CISED) that involves creating a website and developing a brand image for the collaborative.

Ottawa Race Weekend

The Ottawa Race Weekend took place on May 28-29 and Causeway had clients, volunteers and staff taking part in race events. Participants included: Causeway client Georgette Demers who ran the full marathon; Public Relations Committee member Joe Wilkinson who took part in the 10K run along with Causeway staff members Jenna Johnson and Chris Kelly. Causeway's Executive Director, Don Palmer who originally planned to take part in the 10K run, opted instead to use his pledges and compete in the 39K bicycle race, which was part of the Dandelion Festival in Kemptville. All these athletes raised approximately \$2,000 in pledges that will be used for Causeway Work Centre programs and services.

Taste of Wellington West

On Saturday, June 19th, the Wellington West Business Improvement Area hosted another of their famous "Taste of Wellington" events. Wellington West is comprised of Hintonburg, Parkdale Market and Wellington Village. After brief rain showers, the sun came out, which allowed families to stroll the sidewalks from 1:00 to 3:00 p.m. sampling food from 36 different venues including Thai, Vietnamese, Lebanese, Chinese, Japanese, Italian, Chilean, Indian, French, down-home 'Newfie' fare, along with fine organically sourced vegetarian and baked goods. Along with the food-tasting, there was live music to enjoy and bargains to be found at various sidewalk sales along the route. Admission was free, however donation boxes were located along the route that provided visitors with an opportunity to donate to Causeway Work Centre, this year's featured local charity. A total of \$1,800 was raised by the event for Causeway and our thanks go to Annie Hillis and the members of the Wellington West BIA for their support.



Photo from Taste of Wellington.
Photo by: Dennis Van Staalduin

Causeway Work Centre Activities

Shaughnessy – another Causeway success story

Shaughnessy was 18, studying Computational Geophysics at university when he was diagnosed with schizophrenia. Regrettably this ended his studies; however in 2004 Shaughnessy came to Causeway Work Centre and joined the Employment Supports Program. Through Causeway and the Ontario Disability Supports Program, he obtained the training necessary to complete his A+ certification in computers. Causeway also helped Shaughnessy secure two volunteer employment positions with the

Humane Society doing data entry, and with the Peace and Environment Resource Centre, where he assessed their computer systems and worked on the website.



Photo of Shaughnessy

While doing volunteer work for the Canadian Mental Health Association (CMHA), Shaughnessy was recommended to apply for a part-time paid position. For the past year and a half, Shaughnessy has worked with CMHA doing routine computer maintenance, solving internal computer problems, and doing audio-visual meeting room set-ups that require projectors and PowerPoint presentations. Shaughnessy is 27 years old now and works part-time, four days a week with CMHA. Although he is doing extremely well in his current job, he has remained with the Employment Support Program, because he finds it easier to deal with anxiety when "someone is in my corner and there to back me up. The people at Causeway are friendly and I know they are there if I need to talk to someone about my job". He continues to refer people to Causeway if they are looking for training or employment.

Going forward, Shaughnessy wants to continue working at CMHA and to learn more about HTML and PHP software, so he could help out with their website. His long-term goal is to go back to school and finish his degree in Computational Geophysics.

Causeway's Market Garden

This summer Causeway is involved in a new market garden project. The market garden is located just outside of Vars, a village situated in the southeast area of Ottawa. The garden is a pilot project initiated to offer a different kind of employment to persons with a mental

What is Causeway?

Since 1977, **Causeway Work Centre**, a not-for-profit community economic development agency, has assisted individuals affected by disabilities, addictions and mental health issues. Causeway offers: pre-employment and skills development; computer training; a comprehensive youth pre-employment program; various Supported Employment programs; a Wellness program; and three social enterprises that employ Causeway clients - Krackers Katering, Good Nature Groundskeeping and Cycle Salvation.

www.causewayworkcentre.org

Causeway Foundation was established in 1998 "to raise and distribute funds to support Causeway Work Centre programs and services that further the well-being of individuals affected by disabilities, addictions and mental health problems." It is managed by a nine-member Board of Directors: Donna Campbell, President; Dianne Breton, Past-President; Robert Petrie, Treasurer; Claudia Von Zweck, Secretary; Directors: Peter Woollings, Don Palmer, Len Leeks, Andrea Petruzella and Monique Archambault.

www.causewayfoundation.org

illness living in private boarding homes in the area. These individuals are supported by the Royal Ottawa Health Care Group, while Causeway provides the employment support, as well as funding for the project. The garden is some 1400 square feet and grows organic produce only. This year, the emphasis has been on common vegetables that require less care; including beans, potatoes, cucumbers, pumpkins, as well peppers, herbs and a variety of tomatoes. The produce will be sold to Krackers Katering, local boarding homes and to the neighbouring public utilizing a road-side stand in Vars. As well, some preserving of chutney and salsa will be undertaken on an experimental basis.

The Garden Before...



The Garden Now...



Cycle Salvation Bike Drives

Cycle Salvation will be holding two bike collection drives in the near future.

The first drive will be held in Kemptville on Sunday August 29. You can support this worthwhile cause by dropping off your used bike at the Farmers Market from 2-4PM (Riverside Park, off Reuben Crescent). For more information contact Nhien Nguyen at nnguyen@causewayworkcentre.org Algonquin College and Cycle Salvation are partnering to hold a community bike drive

slated for October. The drive will solicit donations of used bikes from Algonquin students, staff and faculty, as well as from the surrounding neighbourhood. It is hoped that the drive will also raise awareness about bikes and responsible recycling. Algonquin students will be active in planning and promoting the drive and thus gain experience in event planning while learning about and supporting the work of a local social enterprise. The donated bicycles will replenish Cycle Salvation's inventory to ensure that CS staff will have plenty of bikes to refurbish over the winter months for resale next spring.

Upcoming Events

Moore's Clothing For Men – Suit Drive.

Moore's are holding a clothing drive from September 1 through 30 to collect men's gently used suits. The suits will then be donated to organizations such as Causeway Work Centre to ensure that our clients look their very best for those important job interviews. For more information on this generous community-spirited offer from Moore's, visit: www.canadiansuitdrive.com

Social Enterprise Workshops:

The Collaborative for Innovative Social Enterprise Development (CISED) is offering fall workshops on social enterprise development for organizations with a social mission. If you would like more information please contact Brenda Richardson at brichardson@causewayworkcentre.org

The annual Causeway Open House will be held on Thursday, October 21st, 1210 at 22 O'Meara Street. This promises to be a worthwhile event that will focus on the latest in social marketing, social enterprise and green business trends. Please mark your calendars and plan to attend. A detailed program outline will be included in the next newsletter.

Causeway Foundation's 10th annual **Holiday Card Campaign** will be officially launched on Tuesday, November 2nd from 7:00-9:00 p.m. at the Orange Art Gallery, 233 Armstrong St., across from the Parkdale

Market. Six different card designs will be offered this year – two photographic, two paintings and two enhanced photographs. Each eight-card pack features two designs and will sell for \$10. For more information please contact Meaghan Byrnes at (613) 725-3494 ext 108 or info@causewayfoundation.org

Cycle Salvation urgently needs storage space

Cycle Salvation is actively looking for low-cost or free storage space for their used bike inventory. Ideally the space would be at least 2000 square feet and accessible in the winter. For more information contact Brenda Richardson at brichardson@causewayworkcentre.org



Cycle Salvation
Where bikes are reborn

Now located at 473 Bronson Ave. at Gladstone. Bikes from \$50, give us a call 613-288-1454



Krackers Katering
Great food for the greater good

Superior food service for social, professional, business functions at competitive prices. 613-792-4954



Good Nature Groundskeeping
Laying the groundwork for success

Summer & Fall clean-ups, Property maintenance. Telephone 613-858-8097

We're on Facebook and Twitter!

Follow us on twitter: www.twitter.com/CausewayWork . Add us as a friend on Facebook: www.facebook.com/CausewayWork to get all the latest Causeway news!

How you can help:

- ▶ Donate that unused bike in your basement or garage to Cycle Salvation. Call 613-288-1454
- ▶ Let Krackers cater your next event. Call: 613-792-4954
- ▶ Contact Good Nature Groundskeeping for property maintenance at 613-858-8097
- ▶ Make a financial donation.

Cheques are payable to Causeway Foundation. A tax receipt will follow. Charitable No. 87254 0844 R0001. To donate electronically, visit www.causewayfoundation.org, and follow the prompts to the "CanadaHelps.org" link on our main page. Click on this link for secure on-line donations.

To Donate

Please forward your cheque (payable to *Causeway Foundation*) to: Causeway Foundation, 22 O'Meara Street, Ottawa, ON K1Y 4N6. A tax receipt will follow. Charitable No. 87254 0844 RR0001 (CC#32)

Yes! I would like to make a donation to Causeway.

Amount: \$ _____
Name: _____
Address: _____
Tel.: _____ Email: _____